UNIVISION JOINS LACDMH IN PROMOTING CLIENT SUCCESS STORIES By Kathleen Piché, Public Affairs Director

LACDMH has partnered with Univision for a local and statewide focus on mental health and client success stories. The Spanish speaking network has agreed to include the segments, entitled "Una Mente, Una Vida," on Channel 34 twice a month until June, 2014. The goal of "Una Mente, Una Vida," is to increase awareness and discussion of mental health issues in our communities and decrease the stigma associated with having a diagnosis of mental illness. You can watch "Una Mente, Una Vida" as part of Univision's regular newscast this Friday, February 14th, at 11 PM, and on Saturday, February 15th, at 6 PM.

Pacific Clinic's client, Hugo Odella, will be featured on Friday, telling his story of recovery after being diagnosed with schizoaffective disorder and substance use. Hugo got treatment at Pacific Clinics and was part of the MHSA funded FSP program. Luis Garcia from Pacific Clinics and Julio Celada from LACDMH Adult System of Care, will also be featured, speaking about multiple approaches to treatment, including Hugo's participation in theater groups (Teatro Amenecer) to treat mental disorders.

Julio Cesar Ortiz, MFT, and the LACDMH Public Information Office (PIO), collaborated on the project, committing to several months of featured stories. Univision reaches over 1.2 million viewers during the 11 PM news broadcast and over 2 million during the 6 PM broadcast. Tune in this Friday to hear about Hugo's travels on the road to hope, wellness and recovery!

To watch the most recent segments of "Una Mente, Una Vida," click here: http://losangeles.univision.com/noticias/article/2014-02-08/una-mente-una-vida-el-trastorno-de-estres-postraumatico

